

Please be sure to follow me on Twitter @BensonTechPride

Please be sure to go to the BHS Website at www.bensonhs.net for school information as it becomes relevant.

Athletics

Please be sure to download our Trivory App for up to the minute dates and game times regarding athletics.

Mark Your Calendars <u>Picture Retakes</u> When: Tuesday November 9th Where: BHS Auditorium Time: TBD

October 25th 2021

Parents/Guardians

Please be sure to read the attached message from my office regarding students and off campus lunch. *Principal Wilson*

Parent Teacher Conferences

Benson Tech Families,

Parent Teacher Conferences will be held virtually and will be prescheduled for time slots on November 22nd and November 23rd. *Conferences are intended to offer support to struggling students who have a C or less in that class to ensure those most in need have access to teachers with limited availability.*

 Conferences will be in ten (10) minute slots per teacher through a Zoom link you will receive in an email confirmation from <u>myconferencetime.com</u>, the online scheduling system Benson Tech will use to schedule and coordinate all conferences.

• Priority scheduling will begin this week for students with IEPs (Individualized Education Plans) or receiving English Language Learner services, or those that are struggling in 2 or more classes. Those students' families will be contacted by the school to directly arrange conference slots.

• Open scheduling for all students and teachers will begin on Saturday November 13th.

Here is a link to the central hub for information, directions on scheduling, and general assistance for conferences this year: https://docs.google.com/document/

d/1dRhjYzmZHQaVzBBJc85jOac9MZ0GH4rDOCLXLdwG0k0/edit? usp=sharing

<u>Spanish- Español Russian- Русский Vietnamese- Tiếng</u> <u>Việt Chinese- 中文</u>

Sara Callies (she/her/hers) Vice Principal 503-916-5100

A Message from Benson's AP Coordinator Ilsa Bruer

For AP students and families regarding AP Exam Registration.

The deadline to register and pay for AP exams is Thursday, November 4th. Please check out <u>this link</u> for resources, or contact Ilsa Bruer (<u>ibruer@pps.net</u>), or your AP teacher for more information, questions or help.

Additionally, please be sure you check out **Tutor.Com!** This is a **FREE individual online tutoring with trained tutors!** PPS is partnering with Tutor.com to provide: 1:1 individual tutoring sessions via chat or voice after school and even on weekends. This support is available 24 hours a day, 7 days a week for AP & IB students. Students can create a free account through your Canvas Course *Ilsa Bruer*

BHS AP Coordinator/ELA Instructor

Math Tutoring Now Available

Parents/Guardians please note that if your student needs support in Math that Benson Tech will now be offering Math support. Please click on the link below for specific details. https://docs.google.com/document/d/1PjOOK-t7JZ-MgGb3ZDNC4g8R0RXfCbX3myGct73PIUI/edit?usp=sharing

BHS Math Department

Pre-Order of Yearbooks

It's time to pre-order a yearbook! A yearbook is the perfect way to commemorate your high schooler's experience! Pre-order your yearbook now starting at \$45. Please contact <u>iprahl@pps.net</u>

A Message from the Benson Tech Counselors

A Message from Kathleen Reid (College Counselor/AVID Coordinator)

Here is a link to the College Newsletter: <u>https://www.smore.com/fx801</u>

Kathleen Reid (she/her) College Counselor/AVID Coordinator Benson Polytechnic High School Benson College Info Webpage kreid@pps.net 971-238-8322 Set up an appointment with me <u>HERE</u>

A Message from Benson's Youth Transition Coordinator Kia Swain

Good news! We are now accepting applications for the 2021 <u>PWA Future of Nursing Mentor Program</u>, a free virtual after-school program opportunity that will help students prepare for college and career. What: Four-week virtual nursing mentor program When: Nov-Dec. Four Tuesdays from 4-5:30 p.m. (11/9, 11/16, 11/30, 12/7) Where: Virtual Partners include: Kaiser Permanente, OHSU, UP School of Nursing, Legacy Health, Oregon Nurses Association. Who: Sophomores and juniors. Deadline: Applications open now. Easy Google form. Apply no later than Tuesday, Oct. 19, 2021 Here is a link to more information and <u>our online student application</u>. **Attached** is

a student flyer.

Selection criteria: Given high demand, priority consideration will be given to students from partner districts who can attend all four sessions and who briefly explain their interest in participating. Additional consideration will be given for students from underrepresented populations. Students with disabilities are strongly encouraged to apply! Mrs. Kia Swain

More Information from Benson's Youth Transition Coordinator Kia Swain

EVENT FOR JOB SEEKERS – APPLICATION WORKSHOP

Event Info: Vocational Rehabilitation and Oregon Commission for the Blind are proud to bring you a virtual 'All Abilities Application Workshop' designed for job seekers and hosted by the USDA Forest Service Pacific Northwest Region. You'll hear from Forest Service representatives on different types of jobs available and how to apply to Forest Service jobs. The Forest Service will be accepting applications for Summer 2022 between November 5 - 12, 2021 on USAJOBS.gov. To learn more about opportunities follow this link: <u>Temporary Jobs |</u> <u>US Forest Service (usda.gov)</u>

Who: For job seekers interested in applying for jobs with the USDA Forest Service.

When: October 28, 2021, 3:30 p.m. to 4:30 p.m.

Where: This workshop will be provided via zoom. Please register in advance using this link: <u>https://us02web.zoom.us/meeting/register/tZErf-</u> CprDouHtHrBQAhMs2fBxTBBKlbWFUI

After registering, you will receive a confirmation email containing information about joining the meeting.

For further information or to get more information on transition services please contact Kia Swain.

Mrs. Kia Swain Youth Transition Program Career/Transition Coordinator Benson & Roosevelt High School Work Cell- 971-413-9588

Black Boys Empowerment Group

Starts: Nov 11th

Every Wednesday: 11:39-12:14 pm during lunch

Meeting location: Library

Lunch will be provided

What: This group is designed to empower our black boys to be confident and to reimagine who they can become and live a limitless life.

We will have workshops on *study habits, note-taking,* dealing with *peer pressure,* and self-care.

In addition, we have guest speakers and returning students to empower our students. All activities are with the goal of empowering our boys.

Sign up any day @ Montreal Granville Office Located at B50 The sign-up sheet will be on the office window.

Email me if you have any questions: <u>Mgranville@pps.net</u> Or call me at 971-413-3134

Space limited: First come first served

A Message from Caroline Bleckmann/Benson's Social Worker & Wellness Center Coordinator

Hey Techsters!

We're hosting a Flu and COVIA-19 Vaccine Clinic at the Wellness Center on October 27th.

Come on down and get vaccinated.

Pick up some swag and enter your name in for the chance to win prizes! 10am-4pm at the Wellness Center.

Wellness Center resources to help with COVID-19

COVID relief for youth in Foster Care PGE Bill help NW Natural Bill help Pacific Power Benson Drug and Alcohol counselor Ashley Cohen Culturally specific (Latine/x & Black) Drug and Alcohol services/support

Sincerely,

Caroline Bleckmann, LCSW, She/her School Social worker, Benson Polytechnic High School

For all meeting requests click here or use google calendar for PPS employees

Benson Wellness Center Cell/Non-urgent texting: 503-729-3486 Monday-Friday, 8-4:00

How can the School Social Worker help me?

Outside of office hours, if you or your loved one is experiencing a mental health crisis, please call the Multnomah County Crisis line at 503-988-4888. Check out the Youth Resource App!

A Message from Jacob Guth Regarding TAG Nominations

If parents want to nominate their student for TAG, they should email me and I will send them the nomination form to get the process started. The deadline for TAG nomination is December 3rd. Thanks!

Jake Guth (he/him) TAG Coordinator Benson Polytechnic High School <u>jguth1@pps.net</u> (503) 916-5100

A Message from Christina Thompson Regarding Bike Safety

Please click on the link below to access some great information regarding utilizing bikes in order to get to Benson Tech at the Marshall Campus.

https://docs.google.com/document/d/1rSkA5jprSAKqGXdvQ-EheCw17C0QDhlivySQNfK9Bzs/edit?usp=sharing

Christina Thompson

A Message from Jacob Dean Patterson from Benson's KBPS Radio Station

The PPS radio station is looking for our next sportscasting stars! The AM 1450 KBPS radio sportscasting program provides PPS students the opportunity to broadcast live PIL basketball and football games on AM 1450 and <u>http://kbps.am</u> - No previous broadcast experience is necessary. Any PPS high school student is eligible. Students wanting more info should email KBPS Instructor Jacob Patterson - <u>jacpatterson@pps.net</u> - or stop by Room C-20. More info online at KBPS.am and click on "Sports".

Jacob Dean Patterson (he/him) KBPS Radio Instructor Communications Design Academy Benson Polytechnic High School 3905 SE 91st Ave Portland, OR 97266 (503) 916-5100 ex.86320 jacpatterson@pps.net http://kbps.am

A Message from Nutrition Services

New for the 2021-22 School Year

All PPS students eat breakfast and lunch for FREE. Students will receive 1 breakfast and 1 lunch per day. Menu information, along with allergy and carbohydrate counts can be found at <u>www.pps.net/nutrition</u>

Benson is a CEP school for the 2021-22 school year and we are not allowed to process lunch applications for CEP sites because all students enrolled at CEP sites automatically qualify for free meals and are eligible for a letter they can use for discounts such as sports fee waivers, bus passes, etc without an application. If a family has students at other schools that are NOT CEP or if your student transfers to a NON-CEP school you can apply here: <u>https://www.schoolcafe.com/pps</u>, if you want a copy of a letter for your Benson students you can request one here: <u>mealbenefits@pps.net</u>.

Households financially impacted by the Coronavirus (COVID-19) may be able to qualify for The Supplemental Nutrition Assistance Program (SNAP). SNAP offers food benefits to eligible, low-income individuals and families. Find out if you are eligible and how to apply for food benefits by clicking <u>here</u>. For more information or support, please contact the Nutrition Services department at <u>503-916-3399</u> or <u>nutritionservices@pps.net</u>

PPS Nutrition Services

A Message from Benson's Career Coordinator Miranda Ryan

Paid Internship:

Trappin Roots is a culturally specific Internship for young Black Oregonians using storytelling, mentorship, and career exploration. Applications due on October 31st. For more information or to apply, go to the link: <u>https://www.tappinroots.org/</u>.

Career Opportunities:

Wednesday, October 27, 2021

11:45am-12:30pm: Post-Secondary Presentation-PCC Apprenticeships & Trades-

As the current population of experienced tradespeople nears retirement age, companies are scrambling to train and hire skilled workers. Apprenticeship describes a powerful training model in which aspiring tradespeople can learn from more experienced tradespeople and earn a living while they also attend school and receive scheduled, periodic advancement. Connected Careers-Trades and Construction

Join the Google Meeting Here: https://meet.google.com/btd-zfqw-wgg

4:00pm-4:45pm: <u>Climate-Related Career Presentation</u>, provided through SAGE-Nancy Butler-Vestas, Training Specialist

Nancy is a training specialist with Vestas, the energy industry's global partner on sustainable energy solutions. Vestas designs, manufactures, installs, and services wind turbines across the globe, and with +140 gigawatts of wind turbines in 85 countries, the company has installed more wind power than anyone else. Nancy will provide students with a close-up look inside a working wind turbine, and focus her remarks on the training and career tracks associated with manufacturing, installing, and servicing turbines around the world. Connected Careers-Trades, Education, Wind Energy.

Join the Google Meeting Here: <u>https://meet.google.com/vwn-mrdg-mge</u>

ChickTech has recently received a grant to train 20 Portland-area women and non-binary individuals in videography/video editing. This opportunity is 100% free and begins in late October—you can learn more about the program <u>here</u>.

This would be a fantastic opportunity for anyone who:

- · is looking to build creative/technical skills for a career in videography
- · is passionate about telling stories through video
- $\cdot\,$ wants to build their network of supportive women & non-binary folks in tech

 finds traditional tech/creative educational opportunities financially inaccessible

Adventist Student Healthcare Leaders (SHL) Program is back! Their new Fall cohort will start on October 26th and will run for 8 weeks in the after-school hours. SHL program is designed to provide an opportunity for high school-age young people to learn more about the many different career opportunities available in healthcare. Students will see in real life what it takes to be a medical leader – whether as a doctor, nurse, administrator, technician, or support person. Evening meals will be provided and all students accepted will receive uniforms and supplies.

Basic Eligibility Requirements. Applicants must:

be a high school student (preference given to sophomores and juniors) be fully vaccinated against COVID-19

submit a complete application (including application, video or written essay, proof of COVID-19 vaccination, and recommendation)

commit to the full program which includes attending all classes and graduation SHL is now accepting applications for Fall Session 2021. To apply students can go to their website <u>www.StudentHealthcareLeaders.com</u> or scan the QR code in the attached flier.

A Message from Benson's Career Coordinator Miranda Ryan

11:45am-12:30pm: <u>Post-Secondary Presentation-PCC Microelectronics</u> Technology

PCC's Microelectronics Technology program has earned a reputation for excellence. In contrast to similar programs, our program is specifically designed to meet the needs of the industry. PCC enjoys a strong partnership with local semiconductor manufacturers. You can equip yourself for success by acquiring skills that are in high demand while benefiting from these strong industry partnerships. **Connected Careers-Automated and Solar Voltaic Manufacturing and Engineering**

> <u>Manufacturing Month Zoom Link</u> <u>https://us02web.zoom.us/j/83038686016?</u> pwd=UXZIOG5kMGpJOUFWU1dMV1d4RlpoUT09

Sign up a class – <u>https://bit.ly/MFGClassSignUp2021</u>

For more Career Information, go to the Career Newsletter: <u>https://</u> <u>docs.google.com/document/</u> <u>d/1uug6CMEvSFg4waC6sUi4oTvNPYPjZ4A3L3WpXxTDVFw/edit?usp=sharing</u>

Please See the Career Newsletter for more information: Here

Contact Information:

Miranda Ryan Career Coordinator Benson Polytechnic High School Work Cell: 503-312-2774 or Office: 503-916-5100 X: 86281 Schedule a Meeting: <u>http://bit.ly/BHS_careercalendar</u> Career Website: <u>http://bit.ly/bensoncareers</u>