

# VIRTUAL TEEN MENTAL HEALTH SUMMIT

WORK2BEWELL



This free, teen-led event will showcase student voices, offer key breakouts to discuss mental health themes, and highlight clinically-vetted resources. Teens, educators, and mental health advocates from across the country are invited as we #Work2BeWell together. Register today!

**OCT 28**  
**3-5 PM**

Pacific Time

HOSTED ONLINE

**JOIN US!**



## SCHEDULE

3:00-3:10 PM Welcome / Overview

3:10-3:40 PM W2BW Teen Taught Stress Lesson

3:40-3:55 PM New Curriculum Highlight - Providence HS

3:55-4:20 PM Breakout Session

**Access:** How to become a Work2BeWell School

**Education:** Structural Racism & Intergenerational Trauma Curriculum

**Activation:** Student Voice

4:20-4:40 PM Teen-led Q&A with Mental Health Professionals

### Administrator Perspective

4:40-4:55 PM Mark Brown, Author of *Choose to Be You* and Vice Principal at Newberg High School

4:55-5:00 PM What can YOU do?

Register today at  
[Work2BeWell.org/summit](https://Work2BeWell.org/summit)

Sponsored by:  Providence

\*Participants must be registered to receive access to all presentations.